

Trusted Addiction Recovery in Los Angeles: Invigorate Behavioral Health Offers Expert Inpatient Treatment

Invigorate Behavioral Health offers expert inpatient addiction treatment with 24/7 care, blending evidence-based and holistic therapies for lasting recovery.

LOS ANGELES, CA, UNITED STATES, March 21, 2025 /EINPresswire.com/ -- [Invigorate Behavioral Health](#) is a [DHCS-licensed addiction treatment facility](#) located at 553 Mariposa Ave in Los Angeles. Since it started in 2018, the center has offered quality care for adults with substance use disorders and mental health issues. The facility now offers a well-established inpatient treatment program for adults aged 18 and older who require residential care for addiction recovery.

The inpatient program at Invigorate Behavioral Health is designed to provide clients with continuous medical supervision and a structured treatment plan. As an [inpatient treatment center in Los Angeles](#), the facility recognizes that many individuals struggling with addiction also face mental health challenges such as anxiety and depression. To address these complexities, the program follows evidence-based clinical protocols, including withdrawal management and medication-assisted treatment for opioid and alcohol use disorders. With board-certified physicians and registered nurses overseeing care, clients receive expert medical support during the critical early stages of recovery.

Licensed clinical staff play a key role in the treatment process at Invigorate Behavioral Health. The team includes Licensed Clinical Social Workers and Marriage and Family Therapists who use proven therapies to help clients overcome addiction. Treatments such as Cognitive Behavioral



INVIGORATE
BEHAVIORAL
HEALTH

A beacon of hope and transformation: The Invigorate Behavioral Health logo embodies addiction recovery, mental health care, and holistic wellness.

Therapy and Dialectical Behavior Therapy are central to the program. These therapies help clients learn to manage triggers, change negative thought patterns, and cope with the stress of recovery. In addition, trauma-informed interventions are used to address past experiences that may contribute to substance use. The focus on evidence-based care means that every resident receives a treatment plan tailored to their unique needs.

The facility itself is designed to support a healing environment. Private and semi-private residential rooms provide a secure and comfortable space where individuals can rest and recover. In

addition, the center has designated areas for group and individual therapy sessions. These spaces encourage open communication and provide opportunities for clients to support one another through shared experiences. Secure outdoor areas also give clients the chance to relax and engage in wellness activities. On-site culinary staff prepare meals that follow nutritional

guidelines to support physical healing during recovery. Wellness activities such as mindfulness sessions and yoga classes are incorporated into the daily schedule, helping clients reduce stress and build a foundation for long-term well-being.

Located in a busy commercial area of Los Angeles, the center benefits from excellent access to public transportation. Guests can easily access the Metro Purple Line at Wilshire-Vermont Station. This makes it simple to reach the facility from different parts of the city. The location is convenient for individuals and families who

wish to remain close to their support networks during treatment. The program has a seven-day-a-week intake process. This allows people who need immediate care to start treatment right away.

Financial accessibility is an important aspect of the services provided at Invigorate Behavioral Health. The facility accepts major Preferred Provider Organization insurance plans, including those from Aetna, Cigna, and Blue Cross Blue Shield. The admissions team is available to assist clients in verifying their insurance coverage and to explain the available payment options. This



A trusted leader in substance abuse, drug, and alcohol treatment, Invigorate Behavioral Health offers personalized care, holistic healing, and a serene environment for lasting recovery.

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At Invigorate Behavioral Health, we are proud to be an inpatient treatment center that combines evidence-based care with compassionate support to foster lasting recovery.”

Christian Small, Medical Director

helps to ensure that clients can focus on their recovery without undue financial stress.

After completing the inpatient program, clients receive ongoing support to help maintain their recovery. The center offers a complete aftercare plan. This plan includes referrals to outpatient programs, community support groups, and workshops to prevent relapse. This aftercare planning is designed to help clients continue building the skills they need for long-term recovery. By establishing a network of support that extends beyond the residential program, Invigorate Behavioral Health reinforces its commitment to lasting, sustainable recovery.

Invigorate Behavioral Health has built a strong reputation in Los Angeles for its comprehensive and integrated approach to addiction treatment. The center combines clinical expertise with a focus on holistic wellness. Clients receive care that addresses both the physical and mental aspects of addiction. This combined method has been effective in helping people overcome addiction and allows them to live healthier and happier lives.

For more information about the inpatient treatment program and the full range of services provided, interested individuals and their families are encouraged to visit the website at www.invigoratebh.com or to call the admissions department at (323)-900-5103.

About Invigorate Behavioral Health

Invigorate Behavioral Health is a DHCS-licensed facility located at 553 Mariposa Ave in Los Angeles, California. Since 2018, the center has offered both inpatient and outpatient treatment services for adults with substance use disorders. The treatment team consists of board-certified physicians, registered nurses, and licensed mental health professionals who combine evidence-based therapies with holistic practices to help clients achieve lasting recovery.

Dr. Christian Small

Invigorate Behavioral Health

+1 323-900-5103

info@invigoratebh.com

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