

# Biohackers World Conference 2025: Exploring the Science of Human Optimization

*Discover the latest in biohacking with 30+ experts, 20+ sessions, and 35+ exhibitors showcasing cutting-edge health and longevity innovations.*

LOS ANGELES, CA, UNITED STATES, February 27, 2025 /EINPresswire.com/ -- The [Biohackers World Conference and Expo](#), which will be held in Los Angeles from March 29 to 30, 2025, will bring together leading experts, innovative technologies, and a passionate community to explore the future of health, wellness, and longevity.

Biohacking is the practice of using science, technology, and lifestyle interventions to enhance health, performance, and longevity. It includes nutritional adjustments, sleep optimization, genetic testing, and neuroscience-based interventions. According to a report by Market Research Future, the global biohacking market is expected to grow significantly, reaching \$63 billion by 2028, with a compound annual growth rate (CAGR) of 19% from 2021 to 2028, reflecting the increasing interest in personalized health strategies.

## Topics and Discussions

The two-day conference will focus on evidence-based methodologies in biohacking, offering insights for both newcomers and experienced practitioners. The program includes keynote presentations, panel discussions, and expert-led sessions covering various aspects of biohacking.

Among more than 20 thought-provoking presentations, Elias Arjan will discuss "The Future of Biohacking – Separating Science from Hype," focusing on differentiating between real scientific advancements and marketing-driven trends. One of the panel discussions, "Science of



The poster features a photograph of two people at a conference. Text on the poster includes: "LEELA QUANTUM TECH" logo, "TITLE SPONSORS" with "RO" and "OT" logos, "March 29-30, 2025" and "Los Angeles, CA", "BIOHACKERS WORLD CONFERENCE AND EXPO" with "Los Angeles" in script, and two orange boxes at the bottom: "Connect with 30+ Biohacking and Health Visionaries" and "Enjoy 20+ Inspiring Presentations and Mind-Refreshing Performances".

Biohackers World Conference Los Angeles 2025

Biohacking: Health and Longevity with Evidence-Based Approaches," will explore how neuroscience, epigenetics, and quantum energy contribute to health and longevity.

More than 30 experts, including Dr. Jin-Xiong She, Paul Denslow, Kashif Khan, Alisa Galper, and David Korsunsky, will speak at the conference. Attendees will gain insights into cutting-edge research and practical applications of biohacking strategies.

## Exhibition Floor

In addition to presentations and discussions, the conference will feature an exhibition floor with over 35 companies showcasing innovative products designed to enhance health and well-being. Attendees will have the opportunity to explore the latest advancements in wearable technology, personalized nutrition, cognitive enhancement, and holistic wellness solutions.

## Why Attend?

The Biohackers World Conference is a unique opportunity to explore the intersection of science, technology, and human potential. Whether you're just starting to explore biohacking or are already integrating it into your life, the conference provides a rigorous, evidence-based approach to optimizing well-being. With discussions led by leading experts, hands-on access to innovations, and a chance to connect with a like-minded community, attendees will walk away with a deeper understanding of the science behind biohacking and practical strategies to implement in their daily lives.

For more information on the event program and participation details, visit [www.biohackers.world](http://www.biohackers.world)

## About Biohackers World Conference & Expo

The Biohackers World Conference & Expo is an annual event dedicated to advancing the practice of biohacking and empowering individuals to optimize their health and performance.

The conference attracts between 500 and 1,000 attendees and has been expanding internationally, with recent events held in major U.S. cities such as Miami and Austin. As the biohacking community and interest in human optimization continue to grow, so does the event's presence in the U.S. and beyond.

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