

Maryland Addiction Recovery Center: Leading Dual Diagnosis Treatment for Personality Disorders & Substance Use Disorders

Maryland Addiction Recovery Center emphasizes the need for dual diagnosis treatment for individuals struggling with both personality & substance use disorders.

TOWSON, MD, UNITED STATES, February 26, 2025 /EINPresswire.com/ -- [Maryland Addiction Recovery Center Baltimore](#), a premier provider of addiction treatment in the Mid-Atlantic region, emphasizes the critical need for comprehensive [dual diagnosis treatment](#) for individuals struggling with both personality disorders and substance use disorders. Located in Towson, Maryland, MARC remains at the forefront of integrated care, ensuring that both mental health and substance use challenges are addressed holistically.



MARYLAND
ADDICTION RECOVERY CENTER

Maryland Addiction Recovery Center



Maryland Addiction Recovery Center Building

Understanding Personality Disorders & Substance Use Disorders

Personality disorders alter the very core of an individual's identity, often characterized by rigid thought and behavior patterns that conflict with societal norms. These challenges can lead to difficulties in personal relationships, increased isolation, and heightened emotional distress. As a result, many individuals turn to substance use as a coping mechanism, exacerbating their symptoms and increasing their risk of addiction.

Research indicates that between 34% and 73% of individuals seeking addiction treatment also present with a personality disorder. The interaction between these conditions can lead to greater impulsivity, emotional instability, and an increased risk of self-harm or relapse, making comprehensive, specialized treatment essential.

MARC's Dual Diagnosis Approach: A 360-Degree Holistic Treatment
MARC recognizes that treating personality disorders and substance use disorders simultaneously is crucial for long-term recovery. Its dual diagnosis treatment program is designed to:

Address both mental health and substance use challenges simultaneously

Provide individualized care plans tailored to each patient's specific needs

Offer therapeutic interventions that focus on emotional regulation, healthy relationships, and coping strategies
Support sustainable recovery through long-term community integration

Comprehensive Services at Maryland Addiction Recovery Center

MARC provides a full continuum of care, including:

Extended Care

Sober Living

Partial Hospitalization (PHP)

Dual-Diagnosis Treatment

Intensive Outpatient Programs (IOP)

Family Education and Engagement Programs

About Maryland Addiction Recovery Center

Founded with the mission to provide personalized and compassionate care, Maryland Addiction Recovery Center is

a leader in substance abuse and mental health treatment. With a fully integrated treatment model, MARC supports individuals from detoxification to long-term recovery. Located at 8600 Lasalle Rd #212, Towson, MD, MARC serves Baltimore and the surrounding Maryland communities.



Maryland Addiction Recovery Center Lobby



Maryland Addiction Recovery Center Bedroom



Maryland Addiction Recovery Meeting Room

If you or a loved one is struggling with addiction and mental health challenges, contact Maryland Addiction Recovery Center at (866) 929-4318 or email admissions@marylandaddictionrecovery.com. Learn more about our programs by visiting www.marylandaddictionrecovery.com.

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