

Specialized Addiction and Mental Health Treatment Program for First Responders

Clearbrook Massachusetts offers specialized care for first responders facing addiction and mental health challenges. Join our Open House on Sept 12th!

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Clearbrook Massachusetts is proud to announce its specialized [First Responders Program](#), designed to

meet the unique challenges faced by police officers, firefighters, correction officers, 911 dispatchers, paramedics, and emergency medical personnel. This comprehensive program offers support for addiction and mental health disorders in a tranquil, serene environment in Baldwinville, MA.



Clearbrook Massachusetts Facility

First responders often encounter traumatic and stressful situations, leading to issues such as PTSD, anxiety, depression, and substance use. A study of more than 1,000 firefighters found that nearly 50% had suicidal thoughts at some point during their career, and about 16% reported one or more suicide attempts. To address these challenges, Clearbrook Massachusetts provides a safe and supportive space where first responders can seek help.

In an effort to extend their reach and offer more information about the resources available, Clearbrook Massachusetts is hosting a First Responders in Recovery Open House Event on September 12th from 11:00 AM - 2:00 PM EST. This event is an opportunity for first responders, their families, and community members to learn more about the program, meet the team, and explore the facilities. You can [RSVP now at cbmass.eventbrite.com](#).

What sets this program apart is that many of the team members come from first responder backgrounds themselves, offering real-world understanding, empathy, and shared experiences. They are well-equipped to guide clients through the challenges of life both during and after a career in emergency services, with the goal of helping individuals successfully return to duty or smoothly transition to life beyond their careers.

In addition to specialized first responder care, Clearbrook Massachusetts offers comprehensive [residential substance abuse and mental health care](#). Residential programs provide a structured environment where individuals can focus entirely on their recovery, supported by a team of dedicated professionals.

The recovery experience at Clearbrook Massachusetts is further enhanced with amenities including chef-prepared meals, biofeedback beds, hiking paths, recreational outings, gym transportation, seasonal activities, and a fishing pond. These amenities help create a healing environment where first responders can focus on their recovery.

The program emphasizes evidence-based practices and includes:

- Trauma-informed care
- Dual diagnosis treatment
- Confidentiality and privacy
- Peer support
- Holistic therapies (yoga, meditation, art therapy)
- PTSD and trauma recovery
- Stress management
- Resilience building
- Family support

Clearbrook Massachusetts is committed to changing the lives of first responders, offering tailored support to motivate and guide participants throughout their recovery journey. If you or a loved one is struggling with addiction or mental health issues, Clearbrook Massachusetts is here to help.

For more information about the First Responders program, the upcoming Open House event, or residential substance abuse and mental health care, please get in touch with Clearbrook Massachusetts today to start the journey to recovery.

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