

# Lambert Sports Clinic and Your PT Hub Partner to Empower Personal Trainers in Boosting Client Longevity and Wellness

*Lambert Sports & Your PT Hub team up! Trainers get health tools for client longevity: personalized plans, nutrition & health checks.*

LONDON, UK, July 11, 2024

/EINPresswire.com/ -- [Lambert Sports Clinic](#) is excited to announce a strategic partnership with [Your PT Hub](#), Central London based, designed to empower personal trainers with enhanced tools and services to improve client longevity and wellness. This collaboration combines expert personal training, tailored nutrition plans, and comprehensive health checks to deliver an unparalleled health and wellness program.

Empowering Personal Trainers



This partnership equips personal trainers with the resources they need to provide a superior level of service to their clients. By integrating Lambert Sports Clinic's comprehensive health assessments and services, trainers can now offer:

**Personalised Fitness Plans:** Customised training programs informed by detailed health data.

**Advanced Nutrition Plans:** Expert dietary guidance tailored to individual health needs and goals.

**Comprehensive Health Checks:** Thorough health assessments conducted by Lambert Sports Clinic and validated by CQC-certified GPs.

## Enhancing Longevity and Wellness

In a time when biohacking and longevity are key health trends, this partnership enables personal trainers to offer data-driven, medically validated advice and services. Clients benefit from an integrated approach to health that combines fitness, nutrition, and medical guidance from certified professionals, ultimately enhancing their longevity and overall wellness.

## Quality and Expertise

Lambert Sports Clinic ensures all health assessments and services are provided by fully qualified GPs, nutritionists, and personal trainers. This guarantees that clients receive the most accurate and beneficial guidance for their health and wellness journey.

## Quotes from Leaders

“

We are thrilled to collaborate with Your PT Hub to empower personal trainers with the tools they need to enhance client outcomes”

*Bruno Pereira - Founder*

"We are thrilled to collaborate with Your PT Hub to empower personal trainers with the tools they need to enhance client outcomes," said Bruno Pereira, Founder at Lambert Sports Clinic. "Our combined expertise will help individuals achieve their wellness goals and improve their longevity."

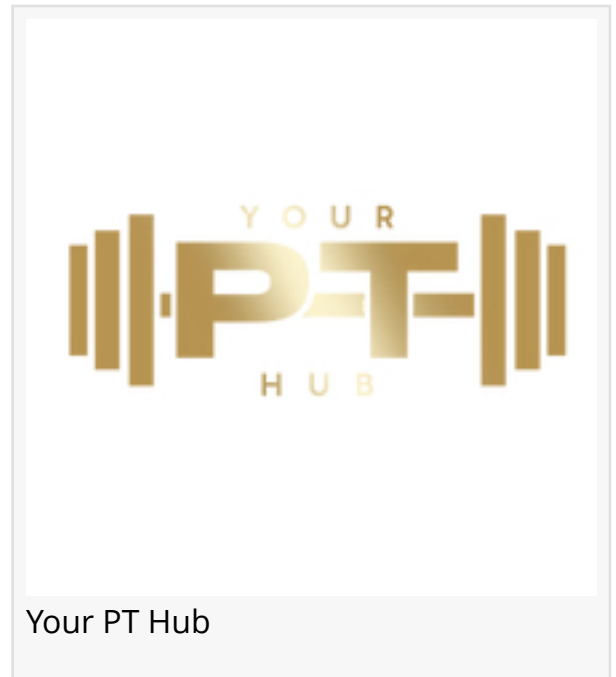
"Nick Fairhead, Founder at Your PT Hub, commented, "This partnership significantly elevates the level of service our trainers can provide. By integrating comprehensive health

data and professional medical advice, we are setting a new standard for personal training and client wellness."

## About Lambert Sports Clinic

Established in 2022, Lambert Sports Clinic offers a wide range of health services, including physiotherapy, sports massage, nutrition, and GP services. The clinic is dedicated to providing exceptional patient care and promoting overall wellness, supported by a team of highly qualified professionals and CQC certification.

## About Your PT Hub



Your PT Hub is a premier gym, Central London based, dedicated to personal trainers, offering state-of-the-art tools and resources to create personalised training programs. Committed to enhancing the personal training experience, Your PT Hub supports trainers and clients in achieving their fitness and wellness goals, while also promoting increased longevity.

For more information about the partnership and the enhanced services available, please contact:

Media Contact:

Nick Fairhead

Founder

Your PT Hub

Bruno Pereira

Lambert Sports clinic

+44 7540 834810

[email us here](#)

Visit us on social media:

[Instagram](#)

---

This press release can be viewed online at: <https://www.einpresswire.com/article/726480384>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2024 Newsmatics Inc. All Right Reserved.