

Integrative Nurse Coach Academy Announces the Launch of "Nutrition for Nurses: A Holistic Approach" Course

Empower your nursing practice with our Nutrition for Nurses course, offered in partnership with the Institute for Functional Medicine, offering 50 contact hours

MIAMI, FL, UNITED STATES, July 9, 2024 /EINPresswire.com/ -- The Integrative Nurse Coach Academy (INCA) is thrilled to announce the launch of its innovative course, "[Nutrition for Nurses™: A Holistic Approach](#)," developed in educational partnership with the esteemed Institute for Functional Medicine. This course aims to bridge the significant gap in traditional nursing education by providing comprehensive nutrition training tailored specifically for nurses.

At INCA, we recognize that the ever-evolving healthcare landscape demands that nurses not only provide exceptional care but also integrate holistic wellness into their practice. In response to popular demand from nurses seeking to enhance their practice with a deeper understanding of nutrition, we have developed this course to empower nurses with the knowledge and tools they need to excel in their roles.



NUTRITION FOR NURSES
A Holistic Approach

Self-paced, online course offered in educational partnership with



Course Created by
BRIGITTE SAGER
DNP, ARNP, FNP-C, NCMF, NC-BC, AFMC, CNE

Nutrition for Nurses Course



INTEGRATIVE NURSE COACH ACADEMY

Integrative Nurse Coach Academy



WE ARE PROUD TO BE ANCC NCPD ACCREDITED!

#LEADINGLEARNING #ANCCNCPD



INTEGRATIVE NURSE COACH™ CERTIFICATE PROGRAM
CANNYNURSE® CERTIFICATE PROGRAM
MINDFULNESS MEDITATION & STILLNESS PRACTICES
ACCELERATED HYPNOSIS CERTIFICATION FOR NURSES

FUNCTIONAL MEDICINE FOR NURSES™
YOGA FOR NURSES: A HOLISTIC APPROACH TO WELLNESS
END-OF-LIFE COACHING FOR NURSES
THE BUSINESS OF NURSE COACHING

Integrative Nurse Coach Academy Achieves ANCC Accreditation - New Courses

Fast Facts about the Program:

50 Contact Hours: This extensive course provides 50 contact hours, ensuring a thorough and detailed education in nutrition for nurses. These contact hours contribute significantly to the professional development and continuing education requirements for nurses.

Flexible Learning: One of the key features of this program is its flexibility. Nurses can complete the course at their own pace within one year from the date of enrollment. This allows participants to integrate learning seamlessly into their busy schedules without compromising on the quality of their education.

Monthly Webinars: Participants will have access to optional and recorded monthly webinars with Dr. [Brigitte Sager](#), Nutrition for Nurses AND [Functional Medicine for Nurses™](#) course creator, and special guests, including experts from the Institute for Functional Medicine. These webinars are designed to provide ongoing support, deeper insights, and the opportunity to engage with leading professionals in the field of functional medicine and nutrition.

Comprehensive Resources: The course offers one year of access to over 100 tools, including meal plans, provided by the Institute for Functional Medicine. These resources are designed to equip nurses with practical tools they can immediately apply in their practice to enhance patient care.

Leadership and Expertise

Dr. Brigitte Sager, a renowned expert in nutrition and functional medicine, leads this course. With a wealth of experience and a deep commitment to integrative health, Dr. Sager brings invaluable insights to the program. Participants will benefit from her extensive knowledge and the expertise of other esteemed professionals who contribute to the course content.

Dr. Sager's leadership ensures that the course content is not only scientifically rigorous but also highly practical. Nurses will learn how to integrate nutritional knowledge into their daily practice, improving patient outcomes and fostering a holistic approach to health and wellness.

Why Nutrition Matters in Nursing

Nutrition plays a crucial role in overall health and well-being. However, traditional nursing education often overlooks this critical component. The "Nutrition for Nurses™: A Holistic Approach" course is designed to fill this gap, providing nurses with the knowledge they need to advise patients on nutritional choices that support health and recovery.

Nurses are often the first point of contact for patients seeking health advice. By equipping nurses with comprehensive nutrition education, we empower them to provide holistic care that addresses the root causes of health issues rather than just treating symptoms. This approach aligns with the principles of functional medicine, which emphasizes the importance of personalized care and the interconnectedness of bodily systems.

Empowering Nurses with Practical Tools

The course offers a wealth of practical tools that nurses can use immediately in their practice. These include detailed meal plans, dietary guidelines, and evidence-based strategies for addressing common nutritional deficiencies and health concerns. By integrating these tools into their practice, nurses can offer more comprehensive and effective care to their patients.

Participants will also learn how to assess patients' nutritional status, identify potential deficiencies, and develop personalized nutrition plans that support overall health and well-being. This holistic approach to patient care not only improves outcomes but also enhances the patient experience, fostering a deeper connection between nurses and their patients.

Enhancing Professional Development

In addition to improving patient care, the "Nutrition for Nurses™: A Holistic Approach" course supports nurses' professional development. The 50 contact hours provided by the course can be applied toward continuing education requirements, helping nurses maintain their licensure and advance their careers.

The flexible, self-paced format of the course allows nurses to balance their education with their professional and personal commitments. This makes it an ideal option for busy healthcare professionals who are committed to lifelong learning and professional growth.

Testimonials and Feedback

Feedback from early participants in the course has been overwhelmingly positive. Nurses who have completed the program report significant improvements in their ability to integrate nutritional knowledge into their practice. They also highlight the value of the practical tools and resources provided by the course, which they can use to enhance patient care immediately.

One participant noted, "The 'Nutrition for Nurses™: A Holistic Approach' course has been a game-changer for my practice. The knowledge and tools I've gained have allowed me to provide more holistic care to my patients, and the flexibility of the program made it easy to fit into my busy schedule."

Enroll Today

For more information about the "Nutrition for Nurses™: A Holistic Approach" course and to enroll, please visit [Nutrition for Nurses Course](#). Don't miss this opportunity to enhance your practice and make a real difference in the lives of your patients through comprehensive nutrition education.

About Integrative Nurse Coach Academy (INCA)

The Integrative Nurse Coach Academy (INCA) is a pioneering institution dedicated to bridging traditional nursing practices with holistic wellness. Our unique programs empower nurses to transform patient care through a comprehensive, mind-body-spirit approach, fostering individual growth and societal well-being. INCA stands as a leader in integrative nursing

education, providing a richer, more fulfilling career path for nurses and equipping them to be compassionate healers, leaders, and advocates for a healthier world.

INCA Admissions

Integrative Nurse Coach Academy

+1 888-772-4622

[email us here](#)

Visit us on social media:

[Facebook](#)

[X](#)

[LinkedIn](#)

[Instagram](#)

[YouTube](#)

[TikTok](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/726232566>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2024 Newsmatics Inc. All Right Reserved.