

## National LGBTQ Health Survey Reveals Barriers to Care and Provider Training Need

Coalition releases report on its second annual State of LGBTQ Health survey

WASHINGTON, DISTRICT OF COLUMBIA, UNITED STATES, March 18, 2024 /EINPresswire.com/ -- The findings of a new national survey conducted by The National Coalition for LGBTQ Health highlight significant barriers to care, a lack of provider training, and a rise in stigma and criminalization. The Coalition is releasing a digital report on these national survey findings during its 22nd National LGBTQ Health Awareness

insufficient discriminatory endangered decaying hopeful diversity concerning abysmal anxious threatened strained crisis inconsistent improving challenging rocky terrible risky flexible growing better inequitable jeopardy deteriorating inadequate stigma danger stagnant fragile chaos worrying disappearing progressing

More than 1,000 clinical and service providers across the United States completed the survey and were asked to describe the state of LGBTQ health in one word.

Week, themed "VITAL VIBRANT VOICES". The Week runs from March 18 to March 22, 2024. Read the full report.

More than 1,000 clinical and service providers across the United States completed the survey



Providers lack necessary training on basic LGBTQ care, especially genderaffirming care. This uncertainty leads to less meaningful patient engagement, impacting health outcomes for all communities."

Scott Bertani, lead for The National Coalition for LGBTQ Health and were asked to describe the state of LGBTQ health in one word. The top three submitted words were "lacking", "poor", and "inadequate", which suggest a widening gap between the need for care and the available resources to provide care. Despite the critical need for greater allocation of resources to support LGBTQ health, healthcare providers continually report feeling unprepared to meet the needs of their LGBTQ clients and patients.

Key findings from the survey highlight the need to address barriers to care by:

• Elevating LGBTQ-Centered Care: recruit sensitive staff, provide comprehensive training, and collaborate with experienced providers.

- Prioritizing LGBTQ Health Advocacy: focus on vital issues such as LGBTQ equality, genderaffirming care protections, and affordable housing for LGBTQ individuals.
- Increasing Awareness of Anti-LGBTQ Bills: educate providers on specific, state-by-state legal challenges affecting LGBTQ individuals, especially transgender.
- Providing Comprehensive Continuing Education for LGBTQ Providers: battle stigma, create inclusive spaces, and address health disparities.
- Removing Barriers to LGBTQ Healthcare: address pervasive stigma, distrust in the healthcare system, mental health challenges, cost constraints, and insurance issues.

In addition to these findings, 80% of respondents exhibited confidence in using culturally appropriate terminology when communicating with LGBTQ patients, which fosters a more welcoming environment.

"Our survey exposes a stark reality: numerous healthcare providers, typically outside LGBTQ-specific health centers, still lack the necessary training to deliver basic LGBTQ care; let alone affirming care that is specific to transgender patients," said Scott Bertani, lead for The National Coalition for LGBTQ Health. "This shortfall in education leads to provider uncertainty, which in turn leads to less meaningful patient engagement; and that has a true impact on both the physical and mental health outcomes for all our communities."

The survey findings illustrate the need for a multi-pronged approach to address LGBTQ health:

- Increased funding for training healthcare providers in LGBTQ-specific care.
- Expansion of gender-affirming healthcare services.
- Stronger protections against discrimination in healthcare settings.
- Combating rising stigma and criminalization through education and advocacy.

The National Coalition for LGBTQ Health urges policymakers, healthcare providers, and LGBTQ advocacy groups to work collaboratively to create a more equitable and inclusive healthcare system for all.

For more information about the report or for interviews, contact Scott Bertani, The National Coalition for LGBTQ Health's Director of Advocacy, at ScottB@lgbtqhealth.org.

###

Media Assets

View and download promotional assets.

About The National Coalition for LGBTQ Health

The National Coalition for LGBTQ Health is committed to improving the health and well-being of

lesbian, gay, bisexual, and transgender individuals through federal and state advocacy, medical and consumer education, and health services research. The Coalition addresses the entire LGBTQ community, including individuals of every sexual orientation, gender, gender identity, race, ethnicity, and age regardless of disability, income, education, and geography.

Scott Bertani
The National Coalition for LGBTQ Health
+1 202-232-6749
email us here
Visit us on social media:
Facebook
Twitter

This press release can be viewed online at: https://www.einpresswire.com/article/696889268
EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable

in today's world. Please see our Editorial Guidelines for more information.

© 1995-2024 Newsmatics Inc. All Right Reserved.