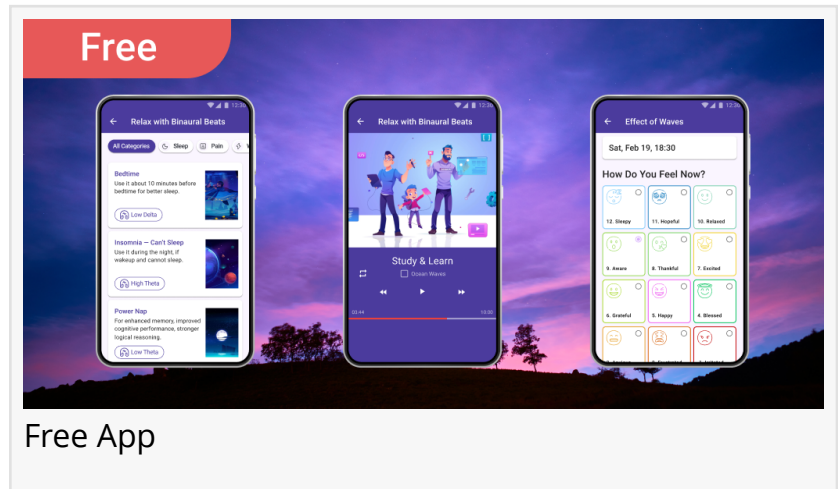


ApsTron Science Updates its Binaural Beats Health App to Include User Communication

ApsTron Science, a health technology company, announces update to its Binaural Beats / Respiration App, to elevate users' relaxation and wellness experience.

WOBURN, MA, UNITED STATES, July 16, 2024 /EINPresswire.com/ -- ApsTron Science, a healthcare technology company, announces updates to its flagship Binaural Beats and Respiration App, designed to elevate users' relaxation and wellness experience worldwide.



The latest version of the app (App Store / Google Play Store) introduces a global chat feature, enabling users to connect, share insights, and deepen their relaxation journey with a supportive community. Whether seeking stress relief techniques or sharing experiences, the new chat functionality fosters meaningful connections within the app for enhanced wellness.

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We're excited to introduce these new features to our App," said Tahir Chaudhry CEO of ApsTron Science. "Our goal is to empower users with effective tools for wellness, supported by a vibrant community"

ApsTron's CEO, Tahir Chaudhry

This new feature can be paid for or gained access to it just by using the app a few times a day, and "winning" this feature.

App can be found at:

[Android](https://tinyurl.com/4ybk3uec) Phones: <https://tinyurl.com/4ybk3uec>

[Apple](https://tinyurl.com/5cshskk5) Phones: <https://tinyurl.com/5cshskk5>

The latest version of the app (App Store / Google Play Store) introduces several new features aimed at enhancing user experience and promoting mindfulness, the features include:

- Global Chat: Connect with users worldwide, share relaxation tips, and build a community of

support.

- Binaural Beats: Experience scientifically curated audio tracks for stress relief, focus, meditation, and better sleep.
- Respiration Exercises: Guided breathing exercises to promote relaxation and mindfulness.
- Health Diary: Track your progress and goals related to relaxation and overall wellness.
- Groups: Join or create groups based on shared interests in wellness and relaxation.
- Enhanced User Interface: Navigate effortlessly with a redesigned interface that enhances user experience and engagement.
- User-Settable Sleep and Wakeup Alarms: Customize your sleep routine for improved rest.
- User-Settable Reminders: Stay on track with mindfulness exercises and relaxation sessions.
- Reports and Information Cards: Access detailed insights and tips for wellness improvement.
- Wellness Tracking and Reports: Monitor your progress in achieving relaxation goals.
- Sound Library: Enjoy a variety of sounds including white noise, womb sounds, ASMR, 528Hz, 423Hz, flute sounds, and mix with ocean, river, and train sounds for personalized relaxation sessions.

The app (App Store / Google Play Store) also features an enhanced user interface for intuitive navigation and improved usability, ensuring a seamless experience for users seeking stress relief and mindfulness practices.

"We're excited to introduce these new features to our Binaural Beats and Respiration App," said Tahir Chau CEO of ApsTron Science. "Our goal is to empower users with effective tools for relaxation and wellness, supported by a vibrant community of like-minded individuals."

The updated Binaural Beats and Respiration App is now available for download on [App Store/Google Play], offering a holistic solution for relaxation, mindfulness, and community connection. Whether managing stress or seeking mindfulness exercises, or looking to connect, users can enjoy a more enriched and connected experience.

App can be found at:

Android Phones: <https://tinyurl.com/4ybk3uec>

Apple Phones: <https://tinyurl.com/5cshskk5>

About ApsTron Science:

ApsTron Science is a developer of advanced medical sensors, systems, software, and health-related apps. With a commitment to innovation and excellence, ApsTron Science leverages cutting-edge technology to enhance healthcare and improve quality of life worldwide.

ApsTron Apps are currently installed by over a Quarter Million users, ApsTron Science is actively seeking investors to make this app available to millions of users.

Their main website is www.ApsTron.com, and their health-related Apps website is www.HealthDiaries.US.

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